

# Mapping a Life

STUDENT NAME:

CURRENT AGE:

BIRTHDATE:

# Mapping a Life

Define a Vision of a Successful Adult Life

**What does \_\_\_\_\_ want his/her adult life to look like?**

**Where will they live?**

**What kind of job/day program would they enjoy?**

**What friendships or hobbies matter to?**

**What skills or supports are needed to get there?**

# Mapping a Life

How the Team Can Support This Vision

Team Member:	Role:
Family	
Special Ed Teacher	
Speech Therapist	
Occupational Therapist	
School Psychologist / BCBA	
Vocational Rehab (VR)	
DDS / Case Manager	

# Mapping a Life

## Vision Statement for Planning

"In 5 years, I want to \_\_\_\_\_

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### Align This Vision With:

- IEP Transition Goals
  - Emphasize regulation, communication, daily living, community access
- DDS Life Plan
  - Group home placement, behavioral supports, creative day program
- Vocational Assessments
  - Highlight vocational preferences
- Speech/OT Plans
  - Target functional communication and daily task support
- Guardianship and Benefits Planning
  - Apply for SSI post-18, pursue Medicaid, finalize guardianship



# Mapping a Life

## Core Transition Planning Categories

**Instruction**

**Community Experience**

**Career Development**

**Related Services**  
**(Speech, OT, PT, Behavioral)**

**Living Skills**

**Assessments Needed**

**Adult Services to Investigate**

**IEP Goals**

**Recreation & Leisure**

**Social-Emotional Learning**

**Assistive Technology**

**Self-Advocacy & Choice-Making**